SCHOOL MEALS

Available daily as an alternative: - Filled jacket potatoes served with vegetables, a dessert and drink. An alternative dessert from a selection of seasonal fresh fruit, yoghurt, soreen and cheese & biscuits

Available daily - Unlimited fresh salad and wholemeal bread, drinking water or fresh milk.



Week One

Meat Free Monday

🔇 Vegetarian Sausage Roll

baked diced potatoes and beans

Vanilla Ice Cream

🔇 Homemade Macaroni Cheese

Week Two

Meat Free Monday 🚺 Margarita Pizza served with baked jacket wedges and sweetcorn

🔇 Homemade Tomato and Mascarpone Pasta Bake served with seasonal vegetables

Vanilla Ice Cream

Tuesday

Roast Dinner served with creamed potatoes, gravy served with seasonal fresh carrots and peas

V Chilli Beef served with 50/50 rice

Fresh Fruit Salad or Yoghurt

Wednesday

V Homemade Pie served with potatoes and seasonal vegetables

> Spicy Quorn served with savoury rice and mixed vegetables

> > V Jelly and Fruit

Thursday

V Spaghetti Bolognaise served with seasonal vegetables

V Vegetarian Curry served with rice

Cooks choice Homemade Carrot Cake or Banana and Oat Cake

Friday

V Oven baked Battered Salmon served with chunky chipped potatoes



Week Three

Meat Free Monday

WHomemade Tomato and Mascarpone Pasta Bake served with seasonal vegetables

Quorn nuggets with baked herby diced potatoes, and sweetcorn

Vanilla Ice Cream

Tuesday

V Roast Dinner served with creamed potatoes, gravy served with seasonal fresh carrots and peas

😻 Vegetarian Burger in a bun Baked wedged potatoes, coleslaw and sweetcorn

> Fresh Fruit Segments or Yoghurt

Wednesday

V Chicken Tikka Masala served with 50/50 rice

V Baguette pizza served with fresh salad and coleslaw

Apple Crumble and custard

Thursday

V Pork Meatballs in homemade tomato and basil sauce served with wholemeal pasta and garden peas

> **Twice Baked Jacket Potatoes** with ham and cheese Served with baked beans

> > V Jelly and Fruit

Friday

V Crumb coated chicken Served with chunky chipped potatoes, garden peas or baked beans

V Oven baked Battered Fish served with chunky chipped potatoes, garden peas or baked beans

Tuesday

V Roast Dinner served with creamed potatoes, gravy served with seasonal fresh carrots and peas

V Chicken curry and rice

Fresh Fruit Segments or yoghurt

Wednesday

Pork Sausage with creamed potatoes, gravy served with seasonal fresh carrots and peas

> V Panini served with Coleslaw, sweetcorn and salad

> > **Cooks Choice**

Thursday

V Spaghetti Bolognaise served with seasonal vegetables

Whomemade Cheese Flan served with baked jacket wedges sweetcorn and salad

V Jelly and Fruit

Friday

V Oven baked Fish Fingers served with chunky chipped potatoes, garden peas or haked heans

V Crumb Coated Chicken served with chunky chipped potatoes, garden peas or baked beans

Homemade Shortbread Biscuit

garden peas or baked beans

V Chicken goujons Served with chunky chipped potatoes garden peas or baked beans

Homemade cooks choice Biscuit

Homemade Biscuit or Cookie

Menu cycle week one: 6th May, 27th May, 17th June, 8th July,

Menu cycle week two: 13th May, 3rd June, 24th June, 15th July,

Menu cycle week three: 29th Apr. 20th May, 10th June, 1st July, 22nd July,

School Menu:



= Vegetarian V = Vegetarian substitute available Lunch will be served with fresh milk or drinking water. All homemade dishes contain additional vegetables.

For allergen and dietary help please contact school meals helpdesk on 01925 443082 or visit our website www.warrington.gov.uk/schoolmeals

