

## **Useful Resources:**

Warrington School Nurses:

South 01925 946505

East 01925 946803

West 01925 946911

ChatHealth:

Parents to text: 07480 635994

Child 11-19 years to text : 07507 330101

Immunisation Team: 01925 946808

CAMHS: 01925 575904

Remember, we are not an emergency service, calls may take up to 48 hours for a reply. 111 is always available for urgent advice and support, 119 for covid advice and support.

For the healthier families Warrington programme and for anyone interested in a healthier lifestyle, we recommend the following websites:

Our package of care: [www.bridgewater.nhs.uk/healthier-families-warrington](http://www.bridgewater.nhs.uk/healthier-families-warrington)

NHS healthier families advice: [www.nhs.uk/healthier-families](http://www.nhs.uk/healthier-families)

NHS EatWell advice: [www.nhs.uk/live-well/eat-well/](http://www.nhs.uk/live-well/eat-well/)

## **Website resources:**

My Life Warrington [www.mylifewarrington.co.uk](http://www.mylifewarrington.co.uk)

Bladder and Bowel [www.ERIC.org.uk](http://www.ERIC.org.uk)

ADDvanced Solutions [www.addvancedsolutions.co.uk](http://www.addvancedsolutions.co.uk)

Ask Ollie [www.mylifewarrington.co.uk/askollie](http://www.mylifewarrington.co.uk/askollie)

MindWorks [www.nwbh.nhs.uk/camhs-warrington](http://www.nwbh.nhs.uk/camhs-warrington)

Talking Matters [www.mhm.org.uk/talking-matters-warrington](http://www.mhm.org.uk/talking-matters-warrington)

Kooth [www.kooth.com](http://www.kooth.com)

Happy OK Sad [www.happyoksad.warrington.gov.uk](http://www.happyoksad.warrington.gov.uk)

Axess [www.axess.clinic](http://www.axess.clinic)

ChatHealth: [www.bridgewater.nhs.uk/chathealth/warrington/](http://www.bridgewater.nhs.uk/chathealth/warrington/)

YoungMinds: [www.youngminds.org.uk](http://www.youngminds.org.uk)