



WANDS

Warrington Autistic Neuro Diverse Support

We are a support group for adults aged 18 and older who identify as neurodiverse or believe they might be on the spectrum, such as those with autism, Asperger's, ASD, ASC, ADHD, ADD, or sensory processing disorder. We welcome younger individuals aged 16 and above to join us, provided they are accompanied by a parent or guardian. Our goal is to create an environment where you can feel accepted, supported, and free from judgment. Our primary focus is to foster friendships, encourage creativity, enjoy ourselves, and, above all, promote relaxation and authenticity. A formal diagnosis is not required to participate.



What to anticipate during our sessions..

The session runs from 6 PM to 8 PM (feel free to come and go as you please). Refreshments are always provided. The tables are arranged in a café style, so if you'd prefer to sit alone while still being around others, that's perfectly acceptable. There's a jigsaw puzzle available that you can engage with. We offer sensory items and books about autism that can be checked out. We also have craft supplies, Lego, Scrabble, and a variety of games.



Every other Wednesday
starting 11th June 2025

6-8pm



07889265358/07708599276



wandsgroup2018@gmail.com

Living well Hub 26-30 Horse market Street, Warrington WA1 1XL
Free Parking available Located in Golden Square shopping centre 2-42 Legh St, Warrington WA1 1QE